

Reframing Exercise

Behavioural issues in children are often interpreted in a negative way.

Please provide a positive interpretation: What strength lies behind them?

| nosy | |
|---------------------------------|--|
| stubborn | |
| doesn't make an effort | |
| questions everything | |
| Has to try everything | |
| never still | |
| blunt | |
| always complica- ting things | |
| bossy | |
| smart mouth | |
| know-it-all | |
| never happy | |
| rebel | |
| overthinks | |
| hyperactive | |
| headstrong | |
| superficial | |
| cheeky | |

Source: nifbe www.weinbrandt.com

